

## IN THE CLAIMS:

Claims 1-19 (Cancelled).

Claim 20. (New) A method of obtaining a regulatory T cell, comprising contacting a naive CD4<sup>+</sup> T cell with a stimulatory signal and an appropriate amount of a combination of Vitamin D3 and Dexamethasone, wherein the regulatory T cell produces essentially only IL-10.

Claim 21. (New) The method of Claim 20, wherein the stimulatory signal comprises anti-CD3 and anti-CD28.

Claim 22. (New) The method of Claim 20, wherein the regulatory T cell produces little or no:

- a) IL-4;
- b) IL-5; or
- c) IFN- $\gamma$ .

Claim 23. (New) The method of Claim 20, wherein:

- a) the regulatory T cell suppresses response to a defined antigen; or
- b) the naive CD4<sup>+</sup> T cell is also contacted with an antagonist of:
  - i) IL-4;
  - ii) IFN- $\gamma$ ; and/or
  - iii) IL-12.

Claim 24. (New) The method of Claim 20, wherein the contacting is *in vitro*.

Claim 25. (New) The method of Claim 24, wherein the contacting occurs two times.

Claim 26. (New) The method of Claim 24, wherein the amount of Vitamin D3 is about 4 times higher than the amount of Dexamethasone.

Claim 27. (New) The method of Claim 24, wherein the amount of:

- a) Vitamin D3 is at least  $1 \times 10^{-8}$  M; and/or
- b) Dexamethasone is at least  $2.5 \times 10^{-9}$  M.

Claim 28. (New) The method of Claim 27, wherein the amount of:

- a) Vitamin D3 is at least  $3 \times 10^{-8}$  M; and/or
- b) Dexamethasone is at least  $7.5 \times 10^{-9}$  M.

Claim 28. (New) The method of Claim 23; wherein:

- a) the response is a pathology inducing response; or
- b) the contacting occurs in the presence of at least two of the antagonists.

Claim 29. (New) The method of Claim 20, wherein the regulatory T cells produce:

- a) at least 100 ng of IL-10 per  $10^6$  cells; and
- b) less than 1 ng of IL-4 per  $10^6$  cells.

Claim 30. (New) The method of Claim 29, wherein the regulatory T cells produce:

- a) less than 30 pg IL-5 per  $10^6$  cells; and/or
- b) less than 30 pg IFN- $\gamma$  per  $10^6$  cells.

Claim 31. (New) The method of Claim 20, further comprising administering the regulatory T cell to an animal with a specific antigen.

Claim 32. (New) The method of Claim 31, wherein:

- a) the regulatory T cell and the antigen are administered simultaneously;
- b) the animal exhibits signs or symptoms of an inflammatory or autoimmune pathology; or
- c) the administering results in suppression of an inflammatory or autoimmune pathology.

Claim 33. (New) A method comprising administering regulatory T cells specific for an exogenous antigen with the antigen to an animal undergoing an inflammatory or autoimmune pathology.

Claim 34. (New) The method of Claim 33, wherein:

- a) the exogenous antigen is ovalbumin; or
- b) the regulatory T cells and antigen are administered simultaneously.

Claim 35. (New) The method of Claim 33, wherein the administering results in suppression of the pathology.

Claim 36 (New). A population of cells made by the method of Claim 20.